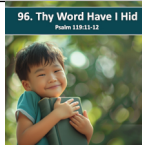


Victory over Sin — Day 1



🎵 Listen to
Scripture Song:



Today's Promise (#96) — KJV

Psalm 119:11–12 "Thy word have I hid in mine heart, that I might not sin against thee. Blessed art thou, O Lord: teach me thy statutes."

💖 Apply the Promise!

When we memorize God's Word, we build a strong, invisible shield inside our hearts. Carrying His truth in our minds protects us from sin and helps us live victoriously!

📖 Bible Story (2 Timothy 1 & 3)

The Apostle Paul traveled across the ancient world starting churches and preaching the gospel. During his journeys, he met a young man named Timothy. Timothy was a faithful Christian who possessed a deep understanding of God's truth.

Paul was impressed with Timothy and chose him to be his travel companion and helper. But Timothy did not gain his spiritual strength overnight. His victory over sin started when he was a little boy.

Timothy grew up in a home where the Bible was the center of daily life. His grandmother, Lois, and his mother, Eunice, loved the Lord. Long before Timothy could read the scrolls for himself, they taught him the scriptures.

They read the Word of God out loud, talked about it during the day, and helped young Timothy hide the truth inside his heart.

Because he memorized God's promises from his youth, Timothy built a spiritual shield in his mind. When he grew older and faced temptations or trials, he did not have to guess the right choice. The Holy Spirit brought the memorized verses back to his mind, giving him the wisdom he needed to defeat sin.

Paul later wrote a letter to Timothy, reminding him to continue in the things he learned as a child. Timothy shows us that when we hide the Bible inside our hearts while we are young, it protects our steps and keeps us safe from the enemy's traps as we grow up!

☀️ True Story

In the 1920s, a teenager named Dawson Trotman was rapidly heading down a dangerous path. He was a popular student at his high school, but he completely ignoring God's laws.

One weekend, a local youth group announced a special contest. The leader promised a prize to anyone who could memorize ten Bible verses perfectly. Dawson was highly competitive and wanted to show off, so he joined the contest. He memorized all ten verses, and then memorized ten more for the next week.

He did not care about the deep spiritual meaning of the words at all; he just wanted to win. But without realizing it, Dawson had hidden the truth of God directly inside his heart.

A short time later, Dawson was walking down the city sidewalk to his job at a local lumberyard. Suddenly, the exact words he had memorized for the contest started loudly echoing in his mind. The memorized Word convicted him so powerfully that he prayed right there on the sidewalk and surrendered his life to God.

Dawson surrendered his life to Christ and turned away from his old habits. The verses he had learned for a contest became a weapon God used to fight sin in his heart.

Later, Dawson founded The Navigators, a ministry that helped many people learn to memorize Scripture and follow Jesus. His story shows that God's Word is powerful. When we hide it in our hearts, He can bring it back just when we need victory.

💬 Discussion Questions:

- Who taught Timothy the scriptures when he was just a little boy?
- Why did Dawson Trotman originally memorize the Bible verses at the youth group?
- Dawson memorized verses just to win a prize, but God still used them! Why is it important to memorize verses even when you don't fully understand what they mean yet?

🎨 Activity:

Make the exact tool Dawson Trotman used! Give the kids heavy index cards and markers. Let them write a short Bible verse in the center and decorate the edges. Put a piece of tape on the back and stick it right to the bathroom mirror or the refrigerator. Talk about how placing the Word where we see it every single day helps us automatically lock it into our memory.

Victory over Sin — Day 2



🎵 Listen to
Scripture Song:



Today's Promise (#97) — NKJV

Romans 6:4–6, 8 "Therefore we were buried with Him through baptism into death, that just as Christ was raised from the dead by the glory of the Father, even so we also should walk in newness of life... knowing this, that our old man was crucified with Him, that the body of sin might be done away with, that we should no longer be slaves of sin. ... Now if we died with Christ, we believe that we shall also live with Him."

💖 Apply the Promise!

Jesus completely broke the chains of sin when He rose from the dead! We do not have to obey our bad habits anymore because His truth has set us entirely free.

📖 Bible Story (Romans 6)

Before we meet Jesus, the Bible says every person is born a captive. We are chained to our own sin. When temptation comes, we do not have the power to say no. We are forced to obey our bad habits, anger, and selfishness. Sin is a cruel master that controls our choices and leads to spiritual death.

But the Apostle Paul wrote to the church in Rome to announce a rescue mission. He explained that when Jesus died on the cross, He did not just pay the penalty for our mistakes. Jesus shattered the chains of sin!

Paul used baptism as a picture of this truth. When a believer goes down into the water, it shows that the old life is being buried with Jesus. When the person comes up again, it shows a new life beginning through His resurrection power.

Paul declares that anyone dead to their old life is freed from sin. We are no longer slaves to our bad habits. God gives us a new heart and the power to obey His commands every day.

In the book of John, Jesus promised that knowing the truth will make us free. The enemy will still try to lie and say we are trapped. He may still whisper, "You cannot change. You will always be stuck." But God tells us the truth: Jesus has already won the victory.

When you feel tempted to lie or yell, quote a Bible verse and remember that Jesus already broke those chains. Because of His resurrection, the doors are open, and we have the power to walk away into lasting freedom! When we give ourselves fully to Jesus and trust His promise, He gives us power to live the new life He has already won for us.

☀️ True Story

In 1945, World War II ended. The fighting was finished, and peace had been declared. But far away on Lubang Island in the Philippines, a Japanese soldier named Hiroo Onoda did not believe the war was really over.

Onoda had been ordered not to surrender, so he stayed hidden in the jungle. Searchers dropped leaflets telling him the war had ended. Later, letters and pictures from family members were sent too. But Onoda thought the messages were enemy tricks. The truth was being offered to him again and again, but fear and suspicion kept him from believing it.

For years, he kept living as though the war were still going on. He hid in the jungle, survived on whatever food he could find, and refused to come out. Peace had already been declared, but he did not live as if it were true.

Finally, in 1974, Onoda's former commanding officer came to the island and personally told him his duty was over. Only then did Onoda lay down his weapon and come out of hiding.

Onoda had spent nearly twenty-nine extra years living in a war that was already finished. His story is a sad picture of what can happen when someone does not believe the truth.

Jesus has already won the victory over sin. The enemy wants us to think we are still trapped, still chained, and still unable to change. But Romans 6 teaches that the old life does not have to rule us anymore. When we believe what Jesus has done, we can stop obeying sin and walk in the freedom of our new life with Him.

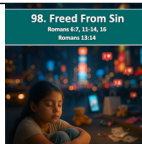
💬 Discussion Questions:

- According to Romans 6, what is buried with Jesus when we believe in Him?
- How many years did Hiroo Onoda hide in the jungle fighting a war that was already over?
- Romans 6 says we are raised to walk in "newness of life." If your old habit was complaining, what does your "new life" habit look like?

🎨 Activity:

Show how weak sin is after Jesus defeats it! Take a few strips of thin tissue paper and wrap them around a child's wrists like handcuffs. Tell them the devil tries to convince us our bad habits are made of iron. Then, have them flex their arms. The tissue paper rips to shreds! Talk about how Jesus already destroyed the strength of sin, making it powerless over our lives.

Victory over Sin — Day 3



🎵 Listen to
Scripture Song:



Today's Promise (#98) — KJV

Romans 6:11–13, 16 "Likewise reckon ye also yourselves to be dead indeed unto sin, but alive unto God through Jesus Christ our Lord. Let not sin therefore reign in your mortal body, that ye should obey it in the lusts thereof...yield yourselves unto God. ..Know ye not, that to whom ye yield yourselves servants to obey, his servants ye are to whom ye obey..." **Romans 13:14** "But put ye on the Lord Jesus Christ, and make not provision for the flesh, to fulfil the lusts thereof."

💖 Apply the Promise!

We get to choose who we obey! When we give our bodies to God and run away from temptation, He gives us the victory over sin.

📖 Bible Story (Genesis 39)

Joseph had been sold into Egypt and was far away from his father's home. He worked in the house of a powerful man named Potiphar, and God blessed him so much that Potiphar trusted him with everything he owned.

But Joseph soon faced a dangerous temptation. Potiphar's wife tried again and again to lead him into sin. Joseph was far from home, no family was watching, and he could have made excuses for doing wrong.

But Joseph had already chosen who he would obey. He knew that sin was not only against Potiphar—it was against God. He refused to let a secret temptation become his master.

Joseph did not stay near the temptation, laugh about it, or see how close he could get without falling. He knew that the safest choice was immediate obedience.

When Potiphar's wife tried to trap him, he left his coat behind and ran out of the house. His victory began before he ran, because his heart had already chosen God.

Running away may have looked embarrassing, but it was the bravest thing Joseph could do. He chose a clean conscience over comfort, pleasure, or approval.

Joseph was falsely accused and thrown into prison, but he was still free inside. Sin had not conquered him.

This story teaches us that victory often means refusing to make room for temptation and getting away from it as fast as we can.

☀️ True Story

Alvin York grew up in the rugged mountains of Tennessee. As a young man, he became known for drinking, fighting, gambling, and wild behavior. His choices brought grief to his mother and trouble to his own heart.

One night, Alvin attended a church meeting and listened as the gospel was preached. God's Spirit convicted him, and Alvin realized that his old life was leading him away from peace. He surrendered his heart to Jesus.

But Alvin knew that choosing Christ meant more than feeling sorry. If he wanted victory, he could not keep walking back into the same places that had helped ruin him. He stopped going to the saloons and separated from the habits that had dragged him down.

His old friends tried to pull him back. They invited him to join them again, but Alvin refused. Instead, he spent time in prayer, read his Bible, worked hard, and chose a new path.

That was not always easy, because the old life still called to him through familiar people and familiar places. Alvin had to make practical choices before temptation became too strong.

The change in Alvin's life was so clear that people around him could see it. The man once known for fighting and drinking became known for faith, courage, and self-control.

Alvin's story shows that victory over sin often means cutting off the things that feed temptation. When we give ourselves to God and stop making room for the old life, He gives us strength to walk in a new one.

💬 Discussion Questions:

- What did Joseph leave behind when he sprinted out of the house?
- Where did Alvin York stop going after he surrendered his life to Jesus?
- Romans says not to make "provision for the flesh" (don't set yourself up to fail). If you know a certain game always makes you angry, what does making "no provision" look like?

🎬 Activity:

Show how fast we should run from sin! Have a child put on an oversized jacket or coat. Tell them you are going to count to three and yell "Temptation!" The moment you yell, they have to instantly wiggle out of the coat, drop it on the floor, and sprint to the other side of the room. Time them to see how fast they can escape! Talk about how Joseph didn't stay to argue; he just dropped his coat and ran.

Victory over Sin — Day 4



🎵 Listen to
Scripture Song:



Today's Promise (#99) — KJV

1 John 5:4 "For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith." **1 Corinthians 15:57** "But thanks be to God, which giveth us the victory through our Lord Jesus Christ."
Philippians 2:13 "For it is God which worketh in you both to will and to do of his good pleasure."

💖 Apply the Promise!

We cannot fight sin using our own human strength! Jesus won the ultimate victory for us, and now God works inside our hearts to give us true, lasting freedom.

📖 Bible Story (Numbers 21)

As the Israelites traveled through the wilderness, they became discouraged and began complaining against God. They were tired of the journey, tired of the food, and tired of trusting God's way.

Because they had pushed away God's protection, deadly serpents came among the camp. Many people were bitten, and the poison quickly brought pain and death. The Israelites realized they had sinned and begged Moses to pray for them.

God did not ask the people to cure themselves. He told Moses to make a bronze serpent and lift it up on a pole. Anyone who had been bitten could look at it and live.

That cure was simple, but it required faith. The people could not heal the poison by trying harder, making promises, or looking at themselves. They had to look away from their dying condition and trust the remedy God provided.

Some may have thought it was too easy. Others may have delayed. But everyone who obeyed God's instruction and looked lived. In the same way, God does not ask us to stare at our sin until we feel hopeless, or to promise that we will do better in our own strength. He asks us to turn our eyes to Jesus. When temptation comes, we can stop arguing with it, stop trusting our feelings, and choose to believe God's promise.

This story points us to Jesus. Sin is like deadly poison in the heart, and we cannot cure it by our own willpower. But when we stop trusting ourselves and look to Christ in faith, He gives forgiveness, healing, and victory from the inside out.

☀️ True Story

Joseph Bates was a sea captain in the early 1800s. Life at sea was rough, and like many sailors, he had learned harmful habits, including chewing tobacco and careless speech. As he read the Bible and thought more seriously about God, he began to see that these habits did not belong in a life surrendered to Christ.

Giving them up was not easy. Bates could make rules, try harder, and feel sorry when he failed, but he needed more than human willpower. He needed to give his whole will to God.

During one voyage home from South America, Bates and another captain talked about giving up tobacco. As the ship sailed away from its last landmark, the other captain took the tobacco from his mouth and threw it into the sea.

Bates immediately did the same. He later wrote that this was the last tobacco that ever polluted his lips. He was making a clean break with something that had ruled him.

Later, the other captain gave in and tried to persuade Bates to join him again. Both men had thrown the tobacco away, but Bates had settled the question in his heart. He would not leave a door open to return.

Joseph Bates' story teaches us that victory over sin is not found in half-surrender. If we keep sin close, make excuses for it, or plan to return to it later, the battle becomes exhausting. But when we yield ourselves fully to Jesus, cut off what is pulling us down, and trust Him to work in us, He can give both the desire and the power to obey.

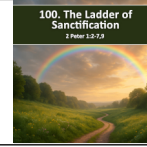
💬 Discussion Questions:

- What did God tell Moses to put on the tall pole?
- Why did the other captain fail, while Joseph Bates stayed free from tobacco?
- Joseph Bates "settled the question in his heart" that he would not go back. Why is it important to make a firm decision for God before temptation strikes?

🎬 Activity:

Have a child tightly grip a hard, heavy rock in their fist. Tell them to squeeze it as hard as they can (representing "white-knuckling" our behavior). Their hand will quickly hurt, but the rock won't change at all! Now, have them open their hand flat and surrender the rock to you. Swap it out for a soft, light sponge. Talk about how we cannot force our own hearts to soften, but when we surrender in faith, God replaces our heavy habits with a brand new heart.

Victory over Sin — Day 5



🎵 Listen to
Scripture Song:



Today's Promise (#100) — KJV

2 Peter 1:2–7, 9 “Grace and peace be multiplied unto you through the knowledge of God, and of Jesus our Lord, According as his divine power hath given unto us all things that pertain unto life and godliness, through the knowledge of him that hath called us to glory and virtue: Whereby are given unto us exceeding great and precious promises: that by these ye might be partakers of the divine nature, having escaped the corruption that is in the world through lust. And beside this, giving all diligence, add to your faith virtue; and to virtue knowledge; And to knowledge temperance; and to temperance patience; and to patience godliness; And to godliness brotherly kindness; and to brotherly kindness charity. But he that lacketh these things is blind, and cannot see afar off, and hath forgotten that he was purged from his old sins.

💖 Apply the Promise!

When we trust God's precious promises, He gives us His divine power to escape sin.

📖 Bible Story (Acts 15 & 2 Tim. 4)

The Apostle Paul and Barnabas traveled together to preach the gospel. On their first missionary journey, they took a young helper named John Mark. But when the work became difficult, John Mark left them and went back home to Jerusalem.

John Mark had failed in his mission. Later, when Paul and Barnabas planned another journey, Barnabas wanted to give him another chance. But Paul did not think it was wise to take someone who had turned back from the work.

The disagreement became so sharp that Paul and Barnabas separated. Paul took Silas, and Barnabas took John Mark. Paul saw John Mark's failure, but Barnabas saw what God could still do in his life.

Barnabas did not excuse the failure, but he did not leave John Mark hopeless either. He stayed with him, encouraged him, and helped him grow. John Mark needed to learn patience, courage, and faithfulness instead of running when the work became hard.

Over time, God changed John Mark. He did not remain known only as the young man who had turned back. He grew into a useful leader in the early church, and later wrote the Gospel of Mark. Years after Paul had refused to take him, Paul asked for John Mark and said he was profitable for the ministry.

Past failures do not have to rule the future. When we yield ourselves to God, accept His correction, and keep growing in faith, He can give us victory over fear, weakness, and failure. God's power can make us useful again.

☀️ True Story

Josh McDowell grew up in a painful, broken home in Michigan. His father struggled heavily with alcohol and often became violent. Because of this abuse and shame, Josh carried deep bitterness toward his dad.

When Josh left for college, he tried to find happiness in success, friendships, and popularity. He could laugh on the outside, but inside he was still angry and empty. He could not make himself love the father who had hurt him so deeply.

One day, Josh met a group of joyful Christian students. They challenged him to examine the claims of Christianity. Josh set out to prove them wrong, but instead he became convinced that God's Word was true and surrendered his life to Jesus.

But Josh still faced a hard battle. He could not simply force himself to forgive. Hatred had been in his heart for years, and human willpower could not change it into love.

Josh needed Jesus to do what he could not do for himself. As he yielded his heart to Christ, God's love began changing the bitterness inside him. The hatred that had ruled him no longer had to be his master.

One day, Josh looked his father in the eyes and said words he once thought he could never honestly say: “Dad, I love you.” His father was deeply moved by the change he saw in his son.

Josh's story shows that God's promises are not just words to read; they are power to claim. When we stop trying to change our own hearts and give ourselves fully to Jesus, He can give us victory over the sins that once seemed impossible to escape.

💬 Discussion Questions:

- Who ran back home to Jerusalem when the missionary journey became too dangerous?
- What painful problem did Josh carry in his heart for many years?
- Josh could not force himself to love his dad; he had to ask God to change his heart. Why is God's power so much better than our own human willpower?

🎨 Activity:

Show the value of God's Word! Fill a deep bowl with dry rice or beans. Bury several shiny gold coins (or quarters) completely out of sight. Give a child a spoon and tell them they have thirty seconds to dig out as many "precious promises" as they can find! Talk about how God's promises are completely hidden in the Bible, and we have to open His Word and actively dig them out to use them when we face temptation.